

# ZOOGA IN SCHOOLS



YOGA FOR KIDS

Zooga offers customized, unique, EDUtainment mobile classes for kids of all ages. Our on-site certified teachers will take your students on a playful, themed-adventure using music, props, storytelling, while teaching simple mindfulness techniques.

Our program gets kids moving and stretching, which helps improve strength, flexibility, focus, confidence, awareness and connections, and overall, it's fun!





Age appropriate themes & props in every class

- Trained, Certified Zooga teacher
- Full Coverage Insurance
- 20, 30, 45 minute Zooga classes
- Preschools, Elementary, Middle, High Schools and Private schools

## RATES:

**Range from \$100 and up**

additional fees apply over 20 kids

mat rentals available

travel fee may apply

**Classes offered:**

**Yoga**

**Dance**

**Music**

**Kickin Ninjas**



call us for a demo 310.839.6642

[info@zoogayoga.com](mailto:info@zoogayoga.com)

